SOMETHING LIGHT

SMALL PLATES

BRUSCHETTA €5

Garlic brushed ciabatta with 'pico de gallo'. (7 WHEAT, 10)

PORTOBELLO MUSHROOM & PEANUT RAYÚ BRUSCHETTA €6

On garlic ciabatta. (7 WHEAT, 10, 11, 14 PEANUTS)

BREADS, OLIVES & DIPS €6

Hummus & blue cheese dips, olives & warm ciabatta. (3, 5 HAZELNUTS, 7 WHEAT, 9,11)

GRATINATED GOATS CHEESE €8

Tomato compote & parmesan crisp. (3, 9, 10)

CALAMARI €8

Salt & pepper calamari, lightly battered with lemon & garlic aioli. (4, 7 WHEAT, 10)

WARM HUMMUS & GARLIC PIZZA BREAD €10

Warm hummus topped with cashew crunch & peanut rayu and served with garlic pizza bread.

(3, 5 CASHEW, 7, 10, 11, 14 PEANUTS)

CHICKEN WINGS

PRIME WINGS WITH HOUSE MADE MARINADES.

ASIAN with Hoisin & lime. (10,11) (Mild) LOUISIANA with scotch bonnets.

(3,10,11) (medium-hot)

Regular €10.00 Large €15.00

Add dip €2 Blue cheese or garlic aioli (1,3,5,8)

CHILDRENS MENU

PLEASE ASK STAFF TO SEE OUR

SEPARATE MENU,

MAINS FROM €7 FOR CHILDREN UNDER I3

YEARS OF AGE

SALADS

TASTE CHICKEN CAESAR SALAD €14

Cos, caesar, tomato, croutons and parmesan. (2, 3, 7WHEAT, 10)

CHICKEN CAPRESE SALAD €15

Toons bridge mozzarella, leaves, tomatoes, basil, pesto and parmesan. (3, 5 ALMONDS, 8)

FALAFEL, GOATS CHEESE & SWEET POTATO SALAD €15

Falafel, goats cheese, sweet potato, lemon dressed baby leaves. (3, 5 HAZELNUTS, 8, 10, 11)

ROAST SALMON SALAD €15

Lemon dressed baby leaves, tomato, toasted superseeds and peanut rayu. (2, 5 PEANUT, 11)

SIDES

FRIES (ON THE SKINNY SIDE)

House Fries €5 (6,10)

PARMESAN & GARLIC FRIES €6 (1,3,6,10)
CHIP AND DIP €6 CHOOSE GARLIC AIOLI,
CHIPOTLE MAYO OR BLUE CHEESE DIP (1,3.8)

OTHER SIDES

ROAST SWEET POTATO €5/ WITH CASHEW CRUNCH OR PEANUT RAYÚ €6

(5 CASHEW, 10, 11, 14 PEANUTS)

SWEET POTATO & SMOKED CHORIZO €6 (8,10)
GRILLED MEDITERRANEAN VEGETABLES &
TOMATO COMPOTE €5 (9,10)
SLAWS €4

Ranch slaw, Asian OR Papaya & carrot slaw

BABY LEAF SALAD €4 (10)
GARLIC CIABATTA €4 (7.10)

CAFÉ CLASSICS

CAFÉ CLASSICS

MARKET FRESH FISH SPECIAL DAILY

Please ask a staff member

CHARGRILLED LAMBAY ISLAND RIBEYE Steak €26

10oz with sautéed onions, mushrooms, house fries & sauce bearnaise. (1, 3, 8, 10)

TASTES CHICKEN TIKKA MASALA €15

Marinated chicken in a lightly spiced & fragrant sauce with cardamom, ginger, natural yogurt & green chillies. Served with rice & fries. (3,9,8,10)

TASTES ANGUS BEEF LASAGNE €15

Made with irish angus beef, served with tomato bruschetta & house fries. (1,3,7 WHEAT,9,10)

MOROCCAN LAMB TAGINE €17

8 hour slow cooked lamb shoulder, couscous, smoked cumin yoghurt, garlic ciabatta. (3, 5 HAZLENUTS, 7 WHEAT, 11)

IRISH ANGUS BEEF BURGERS

ON A FRESH BAP WITH MAYO, TOMATO, GHERKIN, LETTUCE AND FRIES.

(1,3,7 WHEAT, 8 10)

CHOOSE FROM OUR...

CLASSIC BEEF €14

ADD CHEESE, MUSHROOM, BACON, FRIED EGG, RANCH SLAW ②€1 EACH

DIABLO BURGER €16

Jalapenos, guacamole, pico de gallo.

BEEF & BLUE CHEESE €16

Portobello mushroom, blue cheese sauce & crispy fried onions.

PASTA HANDMADE LINGUINE

CHICKEN, CHORIZO €15

Sun dried tomato, mushroom, rocket, olives & peppers. (1, 3, 7 WHEAT, 8, 10)

SMOKED BACON & ROASTED MUSHROOM CARBONARA €15

In a parmesan cream sauce. (1, 3, 7 WHEAT, 10)

VEGETARIAN PASTA €15

Roasted red peppers, portobello mushroom & courgette in a tomato & basil ragout with a hint of chilli, topped with feta.
(1,3,7,9)

PIZZA

STONEBAKED PIZZA TOPPED WITH AN OVERNIGHT SAN MARZANO TOMATO SAUCE

Mozzarella €14

Toons bridge Mozzarella, tomato, pesto, basil, garlic oil. (3,5,7 WHEAT,9,10)

Funghi €15

Tomato, mozzarella, Portobello mushrooms, Parmigiano Reggiano & truffle oil. (3,5,7 WHEAT,9)

CAPRINO €15

Goats cheese, baby spinach, oregano, roast peppers, olives, extra virgin olive oil. (3,5,7 WHEAT,9,10)

QUATTRO FORMAGGI €16

Garlic brushed base, Toons bridge mozzarella, Cashel blue, goats cheese & parmesan garnished with fresh basil. (3,5,7 WHEAT,9)

DIABLO €16

Tomato sauce, mozzarella, chorizo, chillies, jalapeno, chili oil. (3,5,7 WHEAT,9,10)

ALLERGEN KEY

PLEASE NOTE THAT WHILST WE TAKE EVERY CARE WE RUN A VERY BUSY KITCHEN WITH MANY MANY PRODUCTS SO WE CANNOT GUARANTEE THE ABSENCE OF AN ALLERGEN FROM ANY DISH ORDERED.

- 1. Egg & Products thereof
- 2. Fish & Products thereof
- 3. Dairy& Products thereof
- 4. Shellfish & Products thereof
- 5. Nuts & Products thereof
- 6. Soybeans & Products thereof
- 7. Wheat (gluten) & Products thereof
- 8. Mustard & Products thereof
- 9. Celery & Products thereof
- 10. Sulphites

- 11. Sesame Seeds & Products thereof
- 12. Lupin & Products thereof
- 13. Molluscs & Products thereof
- 14. Peanuts & Products thereof

OUR BEEF IS 100% IRISH AND FULLY TRACEABLE

DESSERTS €6

CHEESECAKE

White chocolate & fresh strawberry cheesecake

Chocolate fondant

Belgian chocolate fondant & vanilla ice cream classic

TART TATIN

Salted caramel & vanilla ice-cream

ROULADE

Strawberry meringue roulade, fresh berries, berry compote

BROWNIE

Chocolate brownie, salted caramel, vanilla ice-cream *

BANOFFEE

Banoffee biscuit, banana, toffee & cream

KIDS ICE CREAM

2 scoops & chocolate sauce €3.95

SNACKS

TASTE MINI COOKIES (3) €2.00 *GLUTEN FREE BROWNIE €4

*GLUTEN FREE

Please ask a server for full allergen detail our ice cream is from Glenowen Farm in West Cork

COFFFES

Taste recommend our coffees to be consumed from a 80z cup for maximum flavour and taste. However if you would prefer your coffee in a 120z cup, please simply ask your waiter and we will be glad to oblige with no extra charge.

AMERICANO		3.20
CAPPUCCINO		3.40
LATTÉ		3.40
FLAT WHITE		3.40
Irish cream latté		5.50
ESPRESSO	single	double
CLASSIC ESPRESSO	2.50	3.00
Espresso Macchiato	2.65	3.10
ESPRESSO CON PANNA	2.65	3.10
Espresso A Moka		3.75

OPTIONS FOR YOUR COFFEE

HOUSE ROAST:

A blend of carefully selected beans roasted to perfection to create our distinctive smooth coffee.

vanilla, hazelnut & caramel.

For a coffee without the caffeine 'hit' we have a full flavoured Colombian decaf.

SYRUPS We have a variety of delicious syrups that can be added to any of our coffees.

AN EXTRA SHOT OF ESPRESSO 0.80

TEAS

FAIRTRADE & ORGANIC LOOSE LEAF TEAS

House Tea	2.70
GINSENG GREEN TEA	3.00
ORGANIC ROOIBOS (REDBUSH) Caffeine-free alternative.	3.00
WHOLE PEPPERMINT	3.00
RED BERRY	3.00
ORGANIC CAMOMILE TEA	3.00
EARL GREY BLUE FLOWER	3.00
MATCHA LATTÉ	3.50

HOT CHOCOLATES

HOT CHOCOLATE	3.50
HOT CHOCOLATE MELLO	3.70
HOT CHOCOLATE ESPRESSO	3.70

SPECIALITY MILK ON REQUEST

LOW FAT MILK	-
OAT, SOYA, ALMOND	0.50

COOL & REFRESHING

ICED TEA

GREEN TEA & GINSENG	3.75
RED BERRY	3.75
CDITCHED ICE DDINKS	

TASTE ICE COLD LEMONADE	3.75
ICED COFFEE	4.50
Freshly brewed espresso, milk & ice.	
ICED MOKA	4.50
Vanilla & chocolate espresso, milk & ice. Topped with fr	esh cream.

SMOOTHIES

VERY BERRY	4.50
RASPBERRY RUSH (DAIRY FREE)	4.50
MILK SHAKES	
VANILLA	4.50
STRAWBERRY	4.50
CHOCOLATE	4.50
FRESH JUICES	
ORANGE	3.00
APPLE	3.00
MINERALS	
COKE, DIET COKE, ORANGE, DIET 7UP, 7UP	3.00

NATURALLY CORDIAL

(MADE IN WEXFORD)

BELOW SUGAR TAX, 100% NATURAL, NO ARTIFICIAL SWEETENERS, FLAVOURINGS OR ENHANCERS.

CARAFE OF STILL	3.75
CARAFE OF SPARKLING	4.75

RASPBERRY & LEMON STRAWBERRY, CUCUMBER & LIME LEMON & LIME

WATER

STILL/SPARKLING 250ML	2.50
STILL/SPARKLING 750ML	4.50

WHITEWINE

LIGHTER FRESHER WINES

Bin Gls Carafe Btl 53 CASA CARMELA 6.00 16.00 23.00 Macabeo YECLA, SPAIN A young white, bursting with ripe, tropical fruits & rounded finish.

56 PINOT GRIGIO, SAN GIORGIO 6.50 17.00 24.00 Pinot Grigio VERONA, ITALY

One of the best Pinot Grigios on the market with plenty of juicy pear fruits and excellent crisp, citrus acidity.

MEDIUM/AROMATIC WHITES

MALAT, GRÜNER VELTLINER,

CRAZY CREATURES 7.50 23.00 32.00 Grüner Veltliner KREMSTAL, AUSTRIA

Fresh, light and crisp. Well balanced with refreshing finish.

59 WALNUT BLOCK, 'COLLECTABLES' ORGANIC 8.00 21.00 32.00

Sauvignon Blanc MARLBOROUGH, NEW ZEALAND Packed with melon, citrus & passion fruit & nettles! Extended lees aging adds to textured finish!

MEDIUM TO FULL BODIED WHITES

64 MARKUS MOLITOR 9.00 24.00 34.00

Riesling (Dry) GERMANY Powerful uplifting mineral palate with citrus & peach, ripe fruits in combination with fresh herbs.

66 SANCERRE 'LE PIERRIER',

Bin

DOMAINE THOMAS & FILS 12.00 32.00 48.00

Sauvignon Blanc LOIRE, FRANCE

Produced by a family owned estate, this Sancerre has fantastic ice cool purity, superb minerality and wonderful sauvignon fruit flavours.

SPARKLING WINE

Gls Carafe Btl

PROSECCO FRIZZANTE TREVISO, CORTE DELLE CALLI 'SORA LOC' ORGANIC, PERLAGE 7.00 20.00 30.0 Glera VALDOBBIADENE, ITALY

Bright yellow straw colour with greenish hints and intense, fruity bouquet; fresh, harmonious palate. Enjoy as an aperitif or with food.

PROSECCO SPUMANTE, COLDIGIANO 8.00 28.00 40.00 Glera VALDOBBIADENE, ITALY

A bright straw yellow with greenish hints, aromas of golden apples and citrus fruit. Fresh and harmonious palate. Enjoy as an aperitif or with food.

BEERS/CIDER

DRAFT BEER	Gls	Pint
Heineken	4.00	5.50
BIRRA MORETTI	4.00	5.50

IRISH CRAFT BEERS & CIDERS

BAREFOOT BOHEMIAN LAGER 330ml 5.00 Pilsener lager, crisp and sessionable, a hint of spice, 4%. 2018 World Beer Awards - Ireland Winner: Czech-Style Pale

HOWLING GALE IRISH PALE ALE 330ml 5.00 Fresh citrus and grapefruit aroma 4.5%. 2018 World Beer Awards -World Best American-style Pale Ale winner

RED WINE

LIGHTER & FRUITIER REDS

Gls Carafe Btl

6.50 17.00 26.00

154 PUNA SNIPE FAMILY RESERVE ORGANIC MERLOT

Merlot CENTRAL VALLEY, CHILE

A ripe, fruity style offering cherries, figs and blackcurrant notes; supple well integrated tannins offer a wine suited to most occasions.

RIPE & MEDIUM BODIED REDS

BOUSQUET ORGANIC MALBEC 7.50 20.00 28.00

Malbec MENDOZA ARGENTINA

An aromatic, bouquet of raspberry, bitter chocolate and spice leads to a juicy and rich palate with layers of lush black cherry, mocha and mineral. Soft, elegant tannins and refreshing acidity round out and support the generous core of primary fruit. A classic example of argentinian malbec.

159 BODEGAS LUIS CANAS, CRIANZA 9.00 24.00 34.00

Tempranillo RIOJA SPAIN

Packed with flavour with supple dark cherry fruits & hints of sweet oak.

FULL BODIED REDS

Gls Carafe Btl NERO D'AVOLA, CA DI PONTI 8.00 21.00 30.00 Nero d'Avola SICILY, ITALY Juicy approachable 'Nero' offers ripe black cherry & plumfruits offset by tangy acidity & smoky character similar to 'Syrah'.

162 CHALK HILL LUNA 8.50 23.00 34.00 Cabernet Sauvignon McLAREN VALE, AUSTRALIA A vibrant Cabernet with lovely cassis/blackcurrant fruit, a hint of

crushed leaf character with dark chocolate notes on the finish.

RIPASSA DELLA VALPOLICELLA SUPERIORE ZENATO

12.50 34.00 48.00 Corvina/Rondinella/Sangiovese VENETO, ITALY Loaded with silky-smooth, sultry dark cherry fruits and dark chocolate, with a lingering rounded finish. Full-bodied and dense - dangerously easy to drink.

ROSÉ WINE

Bin Gls Carafe Btl 253 SAN GIORGIO 7.00 18.00 26.00

100% Pinot Grigio VERONA, ITALY Intense bouquet of tropical and citrus fruits. Medium bodied, perfectly balanced, supple and refreshing palate.

Traditional, with a twist – orange marmalade on toast – gentle bitterness 5%. 2018 World Beer Awards - Gold

KNOCKMEALDOWN STOUT

SUNBURNT IRISH RED ALE

330ml 5.00

330ml 5.00

Dry Irish stout, 5% Best in Ireland in the Stout category at the 2016 World Beer Awards

Crafted from fresh juice with no colourants or added flavours, 5.3%

ASK US ABOUT OUR IRISH GUEST BEER OF THE WEEK

ALCOHOL FREE

HEINEKEN 0.0

330ml 5.00 A fruity flavour and slight malty alcohol-free beer